

Letter to PT State Board

I have a question triggered by a recently published paper, which mentions that part of the data collection was performed in XX.

James Dunning, Ian Young, Norman Taylor, Firas Mourad, Paul Bliton , Raymond Butts, James Escaloni , Patrick Gorby , Rejoy Varghese , Filippo Maselli & César Fernández-de-Las-Peñas (17 Oct 2025): Effect of dose interval of periosteal and intraarticular electrical dry needling boosters on pain and disability in patients with knee osteoarthritis: a multi-center randomized clinical trial, *Physiotherapy Theory and Practice*, DOI: 10.1080/09593985.2025.2575837. To link to this article: <https://doi.org/10.1080/09593985.2025.2575837>

In this study, all patient-participants received intra-articular needling, and my question is whether intra-articular dry needling is within the scope of physical therapy practice in XX? If it is not, I wonder whether the researchers applied for and received a research exemption to conduct the study and perform intra-articular needling?

The paper also mentioned that "all [physical therapists] had completed a 54-hr post-graduate certification program that included practical training in periosteal and intraarticular electrical dry needling for knee OA" which suggests that intra-articular needling is being taught to physical therapists in XX.