Setting the standard for trigger point and pain science education worldwide

Orofacial Dry Needling

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Orofacial Dry Needling 1 (ODN1)

This 3-day course features many practical sessions focusing on dry needling and manual techniques for select neck and shoulder muscles, including the upper trapezius, levator scapulae, post-cervical muscles (i.e., the semispinalis, splenii, oblique capitis inferior, multifidi, and rotatores muscles), the sternocleidomastoid, and the anterior/medial scalene muscles. Furthermore, the course includes the masseter, temporalis, corrugator supercilii, and procerus muscles. Students will review the anatomy, function, and dry needling techniques for each muscle and expand their knowledge of head, neck, face, jaw, and shoulder pain syndromes through focused lectures and practical laboratory sessions.

The course includes a comprehensive review of relevant and pertinent pain sciences, peripheral and central sensitization, head postures, "Jan's Posture Approach," myogenic headaches, the OSHA Blood-Borne Pathogen Protocol, in addition to a review of the scientific basis of dry needling and trigger points, safe needling techniques, and dry needling precautions.

Orofacial Dry Needling 2 (ODN2)

ODN-2 is a 2-day course where students will continue performing multiple practical sessions of dry needling trigger points in the orofacial muscles including the zygomaticus, risorius, buccinator, medial and lateral pterygoid, anterior and posterior digastric, geniohyoid, and longus colli muscles. In addition, students will fine-tune dry needling techniques of the muscles covered in the ODN-1 course. Theoretical lectures include topics including whiplash-associated disorders, and hypermobility (i.e., Ehlers-Danlos Syndrome).

On the last day of this course, participants will take their Orofacial Dry Needling Certification Examinations.

Who should attend?

Physical therapists, dentists, physicians, physician assistants, nurse practitioners, chiropractors, acupuncturists, and occupational therapists are encouraged to attend.

Register Today!

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